

ESPRESSO 2oz	3.25

AMERICANO	12oz	3.25

CORTADO || 4oz 4.00

CAPPUCCINO || 8oz 4.25

3.00 || 3.50 **GROUND CONTROL** GROUND CONTRO **BREWED COFFEE**

reg. || Irg.



HARIO V-60 12oz	5.25

GROUND CONTROL	5.25
SINGLE CUP BREW	

TEAS 16oz	3.75
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- 4.50 || LATTE
 - 5.25 || ! VANILLA
 - 5.25 || ! HONEY
 - 5.25 || ! MAPLE
 - 5.25 || ! LAVENDER
- 5.00 || CHAI LATTE
- 5.00 || **GOLDEN TURMERIC** CHAI LATTE
- 6.00 || MATCHA LATTE*

*made with almond milk

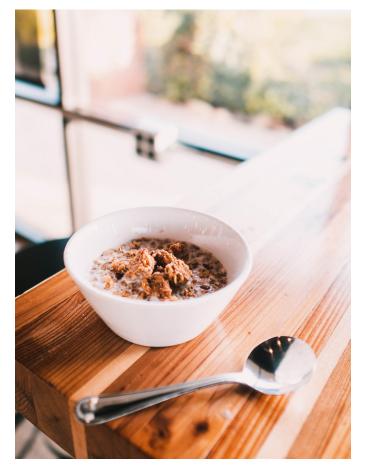
- GC COLD BREW 4.25 || GROUND CONTROL **COLD BREW GROWLER** 19.95 NEV
 - 5.25 || 5 MOCHA
 - 4.00 || HOT COCOA
 - 3.50 sn

reg. Irg.	milk alternatives	
4.50 5.00	ALMOND MILK	1.00
5.25 5.75	OAT MILK	1.00
5.25 5.75		
5.25 5.75		
5.25 5.75		
5.00 5.50		
5.00 5.50		
6.00 6.50		
4.25 4.75		
19.95 15.95 EXCHANGE		
5.25 5.75		
4.00 4.50 3.50 small		





Here, you'll find our newest menu with all of our current offerings. We will continue to develop and add new choices as we continue to grow.



NEW! GRANOLA BOWL

\$4.50 + \$0.50 (ADD ALT MILK)

Gluten Free Oats and Oat flour tossed with Hemp Seeds, Chia Seeds, Walnuts and Pecans.

It is spiced with Cinnamon, Ginger and Turmeric and Sweetened with Maple Syrup.

(Full Ingredients: Gluten Free Oats, Oat Flour, Maple Syrup, Coconut Oil, Rice Bran Oil, Walnuts, Pecans, Hemp Seeds, Chia Seeds, Cinnamon, Ginger, Turmeric, Sea Salt)



THE ITALIAN

\$5.49

You guessed it! This is our Italian inspired panini that is prepared with our buttery havarti cheese, ham and salami. The panini is wrapped in our brioche bread and wonderfully pressed.



HAM AND CHEESE

\$5.00

This panini is prepared with our mouth watering swiss cheese, cheddar cheese and a serving of ham! Panini pressed to perfection!



SAVORY GRILLED CHEESE

\$4.50

This grilled cheese is prepared with havarti, a mouth watering buttery aroma cheese, paired with cheddar cheese on our signature brioche bread.

LIQUID JADE GREEN

USDA ORGANIC

An award winning blend of organic green and white teas

with a touch of bergamot. Delivers a clean, fresh taste with light notes of honey and citrus.

Tasting Notes: Bright, Honey, Citrus

Caffeine Content: Medium

Winner: Best Iced Tea - World Tea Expo

MOROCCAN MINT

USDA ORGANIC

Organic peppermint and spearmint hand blended with organic gunpowder green tea. This tea is great hot and is great over ice as well. The cool, soothing mint adds a refreshing touch to any meal.

Tasting Notes: Minty, Refreshing, Sweet

Caffeine Content: Medium

GUNPOWDER GREEN TEA USDA ORGANIC

Tender, young organic fair trade green tea leaves, rolled into small spheres resembling gunpowder, produce a grassy infusion with a slightly smoky flavor. A deeply renewing pick-me-up any time of day.

Tasting Notes: Savory, Woodsy, Round

Caffeine Content: Medium

EARL GREY CRÈME

BLACK

USDA ORGANIC

Organic high grown estate black tea hand blended with fragrant oil of bergamot and a touch of French vanilla. A remarkable blend with fresh citrus notes followed by a rich and robust finish. A mild black tea with a full, creamy flavor.

Tasting Notes: Full Body, Citrus, Silky

Caffeine Content: Medium

SUMMER PEACH

USDA ORGANIC

This perfectly-balanced blend features the bright, crisp, and oh-so-sweet flavor of sun-ripened Summer peaches, counterbalanced by the bold and brisk notes of the premium Classic Black tea. It's a sweet, fruity cup with a rich grounding in traditional black tea flavor, making it the perfect drink to inject some Summer spirit into any time of year. Try it hot or as a refreshing iced tea—whether the weather is hot or cold, you'll love this loose leaf fruity tea!

Tasting Notes: Fruity, Sweet, Round

Caffeine Content: Medium

CLASSIC BLACK TEA

USDA ORGANIC

This bright and brisk high grown estate whole leaf Nilgiri tea has been carefully hand blended with smooth rich Yunnan golden buds to create a supremely classic infusion that can be enjoyed at any time of day.

Tasting Notes: Brisk, Full Body

Caffeine Content: Medium

Winner: Best Black Iced Tea - World Tea Expo

IRON GODDESS OF MERCY

This storied tea was grown on China's high hilltops

- DOLONG amongst fresh streams and cool, crisp air. Tender leaves are
- gently basket tossed immediately after harvesting to rupture the cells for semi-oxidization. Increased steeping time and temperature will draw a distinctively new flavor with each steeping.

Tasting Notes: Bright, Honey, Citrus

Caffeine Content: Medium

HERBAL **BRIGHT EYED**

An invigorating blend of turmeric, ginger and other fragrant spices, this tea draws from Ayurvedic principles to energize and awaken your mind and body—all without caffeine! This autumnal tisane brews to a beautiful copper hue and can be enjoyed year round, and at any time of day.

Blend Contains: Organic Cinnamon, Organic Ginger, Organic Turmeric, Sarsaparilla, Organic Black Peppercorn

Caffeine Content: Caffeine Free

CHAMOMILE CLEMENTINE **USDA ORGANIC**

The sweet calming taste of our Organic, Fair Trade Egyptian Chamomile helps to ease the mind and soothe the soul.

Tasting Notes: Sweet, Calming, Round

Caffeine Content: Caffeine Free

HIBISCUS COOLER

USDA ORGANIC

USDA ORGANIC

Sink your taste buds into this lively and refreshing blend of guayusa (Contains Caffeine) and hibiscus flowers, highlighted by lingering notes of smooth lemongrass and perfectly balanced by the natural sweetness of fresh stevia leaves.

Tasting Notes: Sweet, Tart, Fruity

Caffeine Content: Medium

RASPBERRY NECTAR

Sweet and refreshing with a golden rose color, this nectarous infusion is a delight with a natural ambrosia that embraces the senses. Great hot or iced.

Tasting Notes: Crisp, Berry, Citrus

Caffeine Content: Caffeine Free

USDA ORGANIC